

ECAP Healthy Workgroup

ECAP Workgroup Launch



September 9, 2020

Agenda

10:00 AM – 10:15 AM

Welcome & Intros

10:15 AM – 10:30 AM

Healthy Workgroup Overview

10:30 AM – 10:50 AM

Needs & Assets Assessment Activity

Introductions

- Name
- 3 roles that you have (could be in your job, your family, or your community)
- What are you hoping that this group will be able to accomplish?



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Ensuring all Children Are Healthy

Children are healthy at birth and thrive in environments that support their optimal health and well-being



NC ECAP: Healthy Goals and Targets

Goals	1) Healthy Babies	2) Preventive Health Services
2025 Target	By 2025, decrease the statewide infant mortality disparity ratio from 2.5 to 1.92, according to data provided by the State Center for Health Statistics.	By 2025, increase the percentage of young children enrolled in Medicaid and Health Choice who receive regular well-child visits, according to data provided through NC Medicaid and HEDIS measures.
Sub-Targets	Decrease infant mortality rates, disaggregated by race and ethnicity	Increase percent of individuals with health insurance (children aged 0-8, heads of households w/ young children)
	Decrease percent of babies born at low birth weight (<2,500g), disaggregated by race and ethnicity	Increase percent of 19-35-month-old children who are up-to-date on immunizations (combination 6 and 7)
	Increase percent of women 18-44 years with preventative health visit in last year	Increase percent of children enrolled in Medicaid or Health Choice aged 0-9 who had at least one dental service during the year
	Increase percent of infants breastfed (ever breastfed; breastfed at 6 months-old	Increase percent of children receiving 4 or more varnishings by 42 months of age
		Increase percent of children ages 1 and 2 receiving lead screening
	Decrease the percent of families living at or below 200% of the federal poverty level.	

NC ECAP: Strategies

Healthy: Children are healthy at birth and thrive in environments that support their optimal health and well-being.



North Carolinians can support young children's healthy growth and development by:

- Closing the insurance coverage gap to ensure more families have regular access to physical, mental and oral health services.
- Increasing access, particularly in rural areas, to healthcare providers, including pediatricians, OB/GYNs, oral health providers and pediatric specialists, through methods such as increasing reimbursement rates in Medicaid and through other insurers to healthcare providers.
- Making it easier for young women to visit a primary care provider more regularly, which can help support healthy future pregnancies, and provide access to services such as substance use intervention, tobacco cessation and prevention, reproductive life planning, and chronic disease management.
- Making it easier for pregnant women and families to navigate the healthcare system by providing care coordination and case management services.
- Promoting referrals to and participation in early intervention services for infants and young children with developmental

delays and disabilities and their families.

- Making it easier for eligible families to enroll in supplemental food and nutrition benefits programs, especially during times of disaster and recovery.
- Making it easier for families to receive mental and physical health supports during times of disaster and during recovery.
- Collecting and analyzing reliable data on young children's health, well-being, social-emotional development, housing status, academic performance and other factors in order to track children's progress across multiple years, and then using those data to make better policy decisions for their care.
- Promoting opportunities for young children to access breakfast and after-school meals during the traditional school year, as well as opportunities to receive meals on weekends and school breaks.
- Promoting exercise and healthy eating habits for young children in early care and learning programs, kindergarten through third grade classrooms, and at home with their families.



North Carolinians can create healthy environments for young children by:

- Encouraging breastfeeding-friendly policies and services in local communities.
- Increasing children's access to safe, clean drinking water and indoor and outdoor air.
- Increasing access to high-quality outdoor play and learning environments.
- Assessing and addressing the impacts of climate change on young children in NC.
- Measuring, reliably tracking and reducing children's exposure to toxic substances, such as lead.
- Making more safe and affordable housing available for low-income families with young children, such as affordable housing development, supporting home loans and increasing funding for vouchers.
- Making more safe and affordable transportation available for low-income families with young children, including to and from early care and education programs, schools and health services, especially in rural communities.

We don't have to start from scratch...

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Brainstorming strengths and weaknesses of Durham's early childhood system to ensure all children 0-8 are healthy.

[Join the Jamboard!](#)

